



# Explore Hackney



**Winter  
Neighbourhood  
Support  
Services**



## FOOD SUPPORT

- 1: **CAC:** Food Bank - Tuesday 11:30-1:30 - Bannister House Est, E9
- 2: **Woodberry Aid Food Pantry:** £5 - Friday - 12:00-2:00 - N4
- 3: **Stoke Newington SDA Church:** Alt. Tuesdays - 12:00-2:00 - N16
- 4: **Hackney Food Warehouse:** Daily-10:00-2:30-Chatsworth Rd, E5
- 5: **Food Pantry:** Tues,Wed,Thurs 9:30-3:30 -Stamford Hill Est, N16
- 6: **UKCG:** Saturday - 11:00-1:00 - Brenthouse Road, E8
- 7: **Community Lunch:** Wed 11:00-2:00 Gasgoyne2, Well St, E9
- 8: **Community Food Hub:** Tues 12:00-2:00 - DeBeauvoir Est, N1
- 9: **Rise 365:** Saturday 1:00-4:00 - 6 bags £10 - Kingsmead Est, E9
- 10: **Morningside Lunch/Food:** various 12:00-2:00 - Cresett Rd, E9
- 11: **Museum of Home:** Friday 12:00-2:00 - Kingsland Road, E2
- 12: **The Jago:** Mondays 11:00-1:00 - £3 - Kingsland Road, E2
- 13: **Idia's Cafe:** Various 10:00-5:00 - Weymouth Terrace, E2
- 14: **2nd Chance Cafe:** Thurs & Fri 11:00-2:00 - St Mary Centre, N16
- 15: **Shoreditch Trust:** Monday-Friday 09:30-3:00 - Orsman St, N1
- 16: **CAC:**Wednesday 12:00-2:00 Halal Foodbank- Whitmore Centre, N1
- 17: **St Monica's Church:**Mon/Tues 18:00-19:00 Hoxton Square, N1
- 18: **Community Lunch:** Tues 1:00-3:00 - Gasgoyne 1, Well St, E9
- 19: **Community Lunch:** Mon 11:00-2:00- Frampton Pk Church, E9
- 20: **Lighthouse:** Wed Drop In 11:00-2:00 - St Johns Church, E5
- 21: **Hackney Street Kitchen:** Thurs & Sats 8pm-outside Hackney Library
- 22: **Community Lunch:** Thursday 12:30 - New Kingshold Est, E9
- 23: **Community Lunch:** Friday 12:00- St Mary of Eton Church, E9
- 24: **Community Food Hub:** Tuesday 12:00-2:00 - Prideaux House, E9
- 25: **Humdinger Soup Kitchen:** Mon/Wed/Fri 5:00-7:00 - Hoxton, N1
- 26: **Dalston Street Kitchen:** Friday 8pm - Opp. Dalston Kingsland Station
- 27: **Nightingale Lunch:** Wednesday 10:00-3:00 - Olympus Sq, E5 8PL
- 28: **Dalston Foodbank Centre:** Tuesday 11:00-1:00 - Balls Pond Rd, N1
- 29: **St Mary's Church:** Thursday 12:00-2:30 - Church St, N16
- 30: **NL Action 4 Homeless:** Wednesday 6pm - Stoke Newington rd, N16
- 31: **AMURT:** Vegan meals - Thurs 12:30 & 5:30 - Salvation Army, E5
- 32: **Wordsworth Community Cafe:** Monday 11:30 - Wordsworth Rd, N16
- 33: **St Peter's Crypt:** Wednesday 12:45-1:30 - Northchurch Terrace, N1
- 34: **Urban Table:** Sundays 1:30-3:30 - Hot meal - Roundchapel, E5
- 35: **Our Lady & St Joseph's Community Kitchen:** Fri 5:00-7:00 - N1
- 36: **215 Hackney:** Tuesday 4:00-6:00 - Stoke Newington High St, N16



## ROUGH SLEEPERS HELP

- 1: **Hackney Night Shelter:** Daily - Meal/bed - Powerscroft Road, E5
- 2: **Driving4Change Support Bus:** Thurs 10:00-16:00 - Town Hall Square, E8
- 3: **The Mission Whitechapel:** Showers/Food/Clothes - Daily - Opens 6:00am
- 4: **Crisis Skylight:** Mon-Fri 9:30-4:30 - E1
- 5: **NL Action for Homeless:** Showers/Food/Laundry - Mon 12:00-1:30 & Wed 6:00-7:30pm
- 6: **Streetlink:** Help on the streets - 0300 500 0914
- 7: **Shelter Hackney:** Mon-Fri 9:30-6:00 - Dalston, E8



**111 - Press Option 2 to be connected to a MH Support Team**

**24HR Mental Health CRISIS LINE**  
0800 073 0006



## COST OF LIVING SUPPORT

- 1: **Pet Food Bank:** Thurs 6:30-8:30 - St Matthews Church, E2
- 2: **Little Things UK:** **Clothes/Toiletries/Sleeping Bags** - Wednesday 6:30 - Old St, EC1V
- 3: **St Vincents: Furniture Support** - Monday-Saturday - Kingsland Rd, E8
- 4: **The Mission: Clothes & Food** - Every day - Whitechapel, E1
- 5: **Tesco: Period Products** - Every day - Morning Lane, E9
- 6: **Morrisons: Period Products** - every day - Stamford Hill, N16
- 7: **Citizens Advice: Benefit & Housing Support** - Mare St, E8
- 8: **Moneyhub: Financial & Household support** - Hackney Council, E8
- 9: **Cheap Haircuts:** Nightingale Est, E5 8PL
- 10: **Rough Street Stall:** 1st Friday monthly - 6:00-8:00 - Street Doctor, Clothing & Toiletries
- 11: **Lighthouse DWELL Furniture Scheme:** email [lighthouse@saint.church](mailto:lighthouse@saint.church) to apply



## MENTAL HEALTH

- 1: **Mens Group: Tuesday 11:00-3:00** - Prideaux House - E9
- 2: **Turning Point:** Daily - Mare St, E8
- 3: **IRIE Mind** - Homerton, E8
- 4: **Women' Safe Space** - Whitmore Centre, N1
- 5: **The Crisis Cafe** - Homerton Row, E9
- 6: **SWIM** - Dalston Lane, E8
- 7: **Centre for Better Health** - Darnley Rd, E9
- 8: **Together Better Project:** daily at GP surgeries across the borough
- 9: **Recovery College:** Arts/Crafts/Therapeutic services - Primrose Sq, E9

